

# SPORTSPERFORMANCEPHYSIO



Any information will be updated  
according to government guidance

COVID  
SECURE

WWW.SPORTSPERFORMANCEPHYSIO.CO.UK

## OUR PRIORITY IS KEEPING CLIENTS AND STAFF SAFE

### VIRTUAL FIRST

1. Email or call for a virtual consultation to check if face to face consultation is required
2. Complete COVID screening questionnaire to ensure it is safe for the appointment.

### STEPS YOU MUST TAKE

1. Let us know if you or anyone in your household has developed symptoms prior to appointment.
2. Provide a clean room with an opening window or door to allow fresh air into the room
3. Only yourself to come into contact with the Physiotherapist
4. Use hand sanitiser and wear a face mask if possible

### ARRIVAL FOR HOME CONSULTATION

1. Prior to arrival the Physio will have had no Covid symptoms for over 14 days and a normal temperature (assessed that morning by digital thermometer)
2. The physio will have fresh clothing per client he sees and change into indoor shoes upon entering the premises
3. Physio will go into the designated room for the consultation without touching anything in the rest of the house
4. Keep 2m distance from anyone else in other than the client
5. The Physio will take the Clients temperature using a non-contact infrared thermometer to ensure they do not have a high temperature and potential Covid symptoms

### DURING THE CONSULTATION

1. The Physio will be wearing a mask, gloves and disposable apron for treatment
2. A mask and hand sanitiser can be provided to the client
3. Physio table will be cleaned and disposable couch roll used to cover the table for treatments
4. All equipment modalities used for treatment will be cleaned.

### AFTER TREATMENT

1. The physio will clean all equipment used and Dispose of any PPE equipment in a sealed bag and take it away to dispose.
2. Client will be invoiced for the session and can pay by Bacs